

RISING UP

- Coaching Program -

Social-emotional issues are present on every campus, but many schools are spread so thin that they can't reach every student who is in need. Our SEL curriculum builds student leadership opportunities for teens to mentor younger students and teach the life skills so desperately needed to develop resiliency.



“The RISING UP: Coaching Program has been a game changer for our students and our counseling program.”

Jody Clark, School Counselor – Scoggins Middle School

The RISING UP: Coaching Program was designed to help school counselors extend guidance efforts across campus. In this peer-to-peer curriculum, staff members work with older students to “coach” younger students through various in-class or small group lessons. Based on a proven curriculum, with 10 interactive modules, a team of 20 – 30 coaches should be able to reach 300 – 600 students across the implementation of this program.

The coaches and students exposed to this curriculum will learn the importance of:

- Building Relationships & Understanding Self -
- Decision-Making & Goal Setting -
- Career & Family Exploration -
- Choices & Consequences -
- Overcoming Adversity & Building Resilience -

STUDENT TRAININGS & TRAINER CERTIFICATION COURSES AVAILABLE



STOP BULLYING. END TEEN SUICIDE. BUILD RESILIENT STUDENTS.

WE CAN HELP. INQUIRE TODAY!

818.237.5082 | info@risingupcoaching.com | www.risingupcoaching.com